

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Intro to Zones of Regulation 6 lessons	Bonfire night safety Healthy families Friendship conflict Anti-bullying week Learning who to trust Respecting differences in others Stereotyping: Gender Stereotyping: age	Appropriate levels of touch  Emergencies Washing hands Road safety Who keeps me safe?	Wonderful me / Resilience  Sleep  Exploring Tools Zones of Regulation 4 lessons	Rights and responsibility  Rules Stealing vs borrowing  Plastic pollution Earth Day  What's in my community?   Who helps in the community?	Jobs and pay  Different ways to pay  Approaching the finish line – Zones of Regulation 4 lessons
Year 4	Looking out for others x 2  Differences  Racism  Self-esteem Resolving conflict  Halloween	Bonfire night safety Hazard risk danger  Anti-bully Week Danger signs Dares Railway safety	Sleep  Sugar  Balance diet  Exercise  Mental health (Zones of Regulation)	Online age restrictions  Adverts  Body images Sharing information online  Live streaming	Human rights  Rules School rules British Values  Local councillors Diverse community - racism	Spending choices  How are payments changing?  How spending affects my feelings  Career choices Career stereotypes

		Christmas – giving vs receiving		Gaming and online spending		Transition Reflection
Year 5	Healthy and unhealthy relationships  civil partnerships and marriage  peer pressure  assertive, aggressive and passive behaviour  Black History  Appropriate touch  Halloween	Bonfire Night  Anti-bullying – Wing  Anti-bullying week  Dental Health  Sugar on teeth experiment x 2  Christmas – thinking of others	Coming home on time  Keeping safe in the local area  Global warming x 2  Feeling safe in the community	Mental and physical health  Helping mental health  Sleep  Smoking x 3	Growing and changing  Growing and changing – emotions  Puberty  Relationships x 2  Manipulated images on media	Changes and loss  Alcohol and drugs x 3  Railway safety  Dangers over the summer holidays  Reflect on achievements
Year 6	Accepting others  Racism  Actions and consequences  Marriage  Friend/ acquaintance /stranger	Anti-social behaviour on bonfire night  9 protected characteristics  Anti-bullying week  Physical and mental health  Dealing with emotions (Zones of Regulation)	Hazards online  Editing and filters  Payment methods: What are credit cards  Budgeting on a monthly wage	YGAM: Gambling within games x 3  Keeping money safe/ scams  How money affects feelings and finding a work life balance-jobs  International Women's Day	What it means to be an adult  Puberty recap/ Periods  Emotions during puberty  Reproduction  Consent  Sharing images online	Human rights /children's rights  How our government works  Our local council  Stockport development  Modern propaganda – linked to WW2

	Types of families	Current Christmas issues				Transition x 2
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