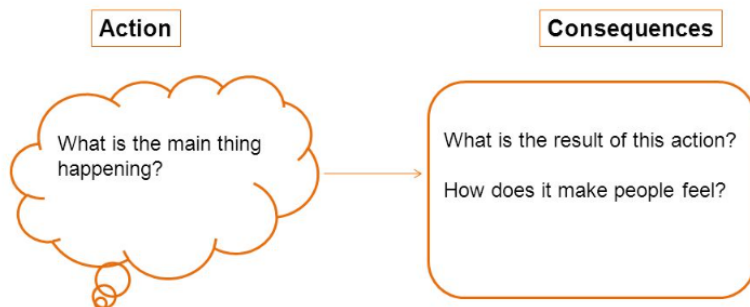


PSHE - Personal Social Health Economics
Year 6 - Family and Relationships



Great Moor Junior School
"Learning Together"
Respect, Kindness, Tolerance, Responsibility, Co-operation



Define: Racism

When a person is treated differently because of their skin colour or ethnicity (their religion, language or culture).

Define: Peer pressure

Doing something you feel uncomfortable about, because everyone else is.

Define: Consequence

The result or effect of something happening.

Define: Discrimination

Discrimination is treating someone differently, unfairly or worse because of what they look like, believe in or do.



Age



Gender

Sex



Gender
Reassignment



Religion /
Belief



Sexual
Orientation



Disability



Ethnicity



Marriage / Civil
Partnership

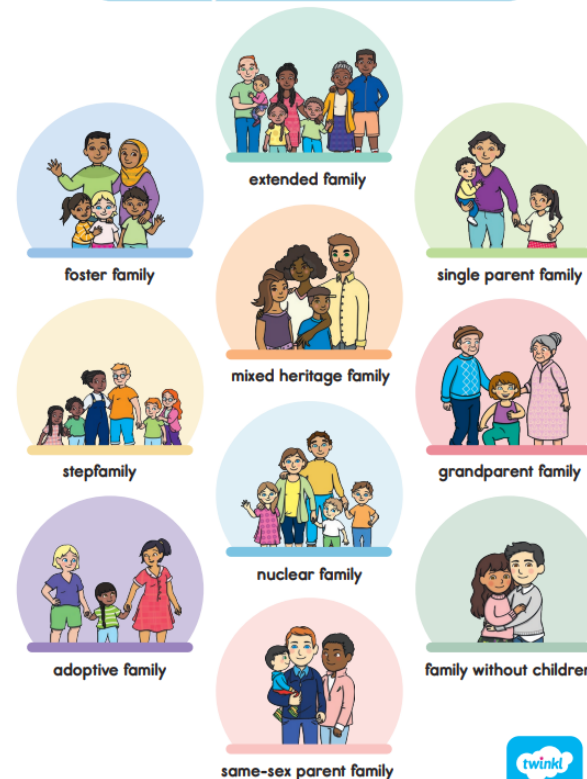


Pregnancy /
Maternity

The **ZONES** of Regulation™

| BLUE ZONE | GREEN ZONE | YELLOW ZONE | RED ZONE |
|------------------|------------------|------------------|------------------|
| | | | |

Many Kinds of Families



PSHE - Personal Social Health Economics
Year 6 - Health and Wellbeing



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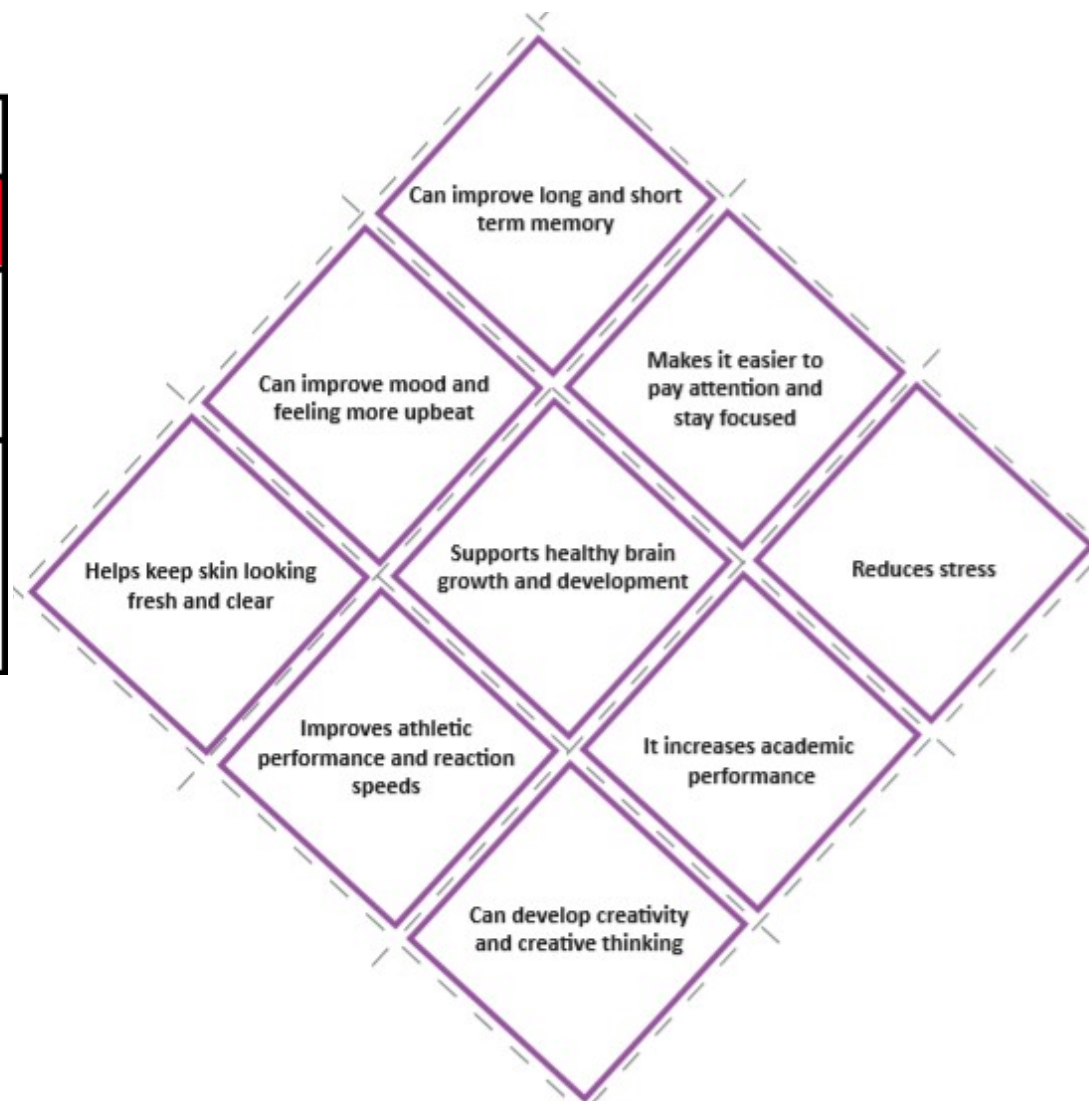
| Zones of Regulation | | | |
|---|---|---|--|
| Blue | Green | Yellow | Red |
|  |  |  |  |
| Bored Lonely Sad Tired Unwell | Calm Content Focused Happy Ready to learn | Anxious Confused Excited Frustrated Worried | Angry Aggressive Terrified I need time and space |

Define: mental health






a person's condition with regard to their psychological and emotional well-being.

What affects our health?

Things you inherit, environment, media, technology, your values, attitude and behaviour.



PSHE - Personal Social Health Economics
Year 6 - Safety and Economics

| | |
|---|--|
|  <div>Cash</div> | Notes and coins |
|  Invoice from Landlord #UB-0004 £1,100.00 due | Payment set up to go from your bank account to someone else's |
| <div>Direct debit</div> | Regular payment from a bank account |
|  <div>Bank transfer</div> | A virtual payment system linked to your bank account or a card |
| <div>Credit card</div> | Your spending is added together and a bill sent at the end of a month |
|  <div>Phone</div> | Spending is taken from an account linked to your phone |
|  <div>Cheque</div> | A written document which shows who is to be paid and how much - banks then arrange the payment |
| <div>Debit card</div> | Spending is taken straight from your account when the card is used |

Define: Hazard

Something that can cause harm

Define: Risk

the chance that a hazard will cause harm

Define: Danger

the possibility that someone or something will be harmed or destroyed.

PSHE - Personal Social Health Economics
Year 6 - Living in the Wider World



Building Self-esteem

1. Think positively
2. Take risks
3. Be able to cope with criticism
4. Stand up for yourself
5. Be realistic with your aims

Money can bring us lots of good feelings but it can also bring lots of bad emotions too.



What is a job?



Paid or unpaid

- Can you think of reasons someone would do unpaid work?



Full time or part time

- A full-time worker will usually work 35 hours or more a week, but this can vary
- Can you think of any jobs that are often part time?

MoneySense
Making sense of money

Permanent or temporary

- Temporary staff will be hired for a specific amount of time, and will often know their end date



Height
You get taller.

Face
You may get pimples.

Privates
Your penis and testicles get bigger.



Puberty: What Happens?

Voice
Your voice deepens.

Sweat
Your armpits sweat.

Hair
Hair grows on your face, arms, legs, chest, armpits, and between your legs.

Face
You may get pimples.

Sweat
Your armpits sweat.

Menstruation
Your period begins.




Puberty: What Happens?

Height
You get taller.

Breasts
Your breasts grow.

Hair
Hair grows in your armpits, on your legs, and between your legs.

CONSENT



FREELY GIVEN
REVERSIBLE
INFORMED
ENTHUSIASTIC
SPECIFIC

It's as easy as fries.

CHESHIRE SEXUAL ASSAULT CENTRE

Things to remember about puberty:

- Puberty begins at different times for different people.
- Changes will happen at different rates and in a different order for some people.
- Everyone goes through puberty; you are not alone.
- Having a good diet and exercising regularly can help you deal with some of the physical changes you experience

PSHE: Personal, Social, Health, Economics
Year 6 – Living in the Wider World: Citizenship



Definition: Human rights

Human rights are rights inherent to all human beings, regardless of race, gender, nationality, ethnicity, language, religion, or any other status.



Definition: Constituent

A person who elects a representative to a legislative body.

Definition: Propaganda

information, especially of a biased or misleading nature, used to promote a political

Navendu Mishra

Keir Starmer

Stockport MP

Prime Minister