



Great Moor Junior School

“Learning Together”

Respect, Kindness, Tolerance, Responsibility, Cooperation

SEND Newsletter

Stockport Parenting Team

They are a small team of specialist parenting practitioners passionate about their work. The team support parents and carers to understand the emotional and behavioural difficulties their child may be experiencing in order to improve parent-child relationships and family harmony.

The NHS Parenting Team can be accessed by parents with children up to 11 years of age (primary school), with a Stockport address via Professional Referral. This can be someone who is currently supporting you such as your Health Visitor, School Nurse, Teacher, GP or Social Worker

Stockport Parenting Team also deliver the **Incredible Years programme** for parents. This is a 14 week course which promotes children's emotional, social and academic competence, and prevents, reduces and treats behavioural and emotional problems in young children.

The 10 week **From Timid to Tiger course** supports parents to understand children's anxious behaviours and how to help develop confidence and achieve a reduction in worrying behaviours and thoughts in their child.

An online self-directed study course for parents is available called **Understanding your Child**. This flexible programme is comprised of 11 modules covering for example: relationships, child development, attachment, behaviours, communication and understanding.

Coffee Mornings with the Together Trust

Monthly drop-in and coffee mornings with the Therapy and Specialist Support team.

Professional therapists are available to chat to, including:

- Speech and Language Therapists
- Sleep Practitioners
- Education and Clinical Psychologists
- Occupational Therapists
- Positive Behaviour Practitioners

Parents and carers have the opportunity to meet others in a similar situation and their team can provide information and support in areas you might be experiencing difficulty in.

All drop-in sessions will be 10am-12pm on the dates below.

2021

- Thursday 23rd September
- Tuesday 19th October
- Wednesday 15th December

2022

- Tuesday 25th January
- Wednesday 23rd February
- Thursday 14th March
- Wednesday 20th April
- Monday 16th May
- Wednesday 15th June

For more information you can call Together Trust on 0161 286 4201, or [visit their website](#).

Supporting Better Sleep Webinar

Tuesday 28th September
6pm-7:30pm

This webinar will offer some helpful tips and tricks to support you in helping your family to have a better nights sleep.

Click the link below to book your place.

<https://www.eventbrite.co.uk/e/supporting-better-sleep-webinar-tickets->



PACTS
Parents and Carers Together
Stockport

Healthy Young Minds to be renamed CAMHS (Children and Adolescent Mental Health Services)

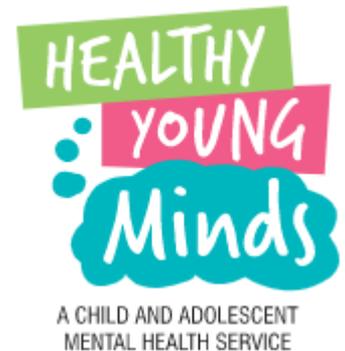
In 2016, the name Healthy Young Minds (HYMS) was introduced for all children and young people's mental health services in Bury, Oldham, Rochdale, Stockport, Tameside and Glossop.

Over the past five years, HYMS are aware that their name has caused some confusion amongst families, children and young people who use their services as well as professionals.

There have been misunderstandings about what their service provide, people have at times found it difficult to find their services as the names HYMS and CAMHS have been used at the same time.

HYMS conducted some research with young people, families and staff, who told them that CAMHS is a more comfortable, familiar description for everyone. They are therefore planning to stop using the HYMS name and instead use CAMHS across all of their services.

They are currently working on a new CAMHS design, which will appear across their signage, materials and digital channels, including a new CAMHS website. They expect this change to take place early to mid-October 2021.



Parent Feedback

Your views count!

If you have any concerns about your child's needs that you would like to share with us, please return this slip to Miss Gibson via the office.
