**Learning Ambassador meeting with Governors – 17.05.23**

Meet outside the office at 2:45pm. Take your governor to the library when they arrive and then around each classroom in your year group after your discussion.

Year 3 – Sam, Seb, Nick

Year 4 – Ruby, Orla, Harry

Year 5 – Charlie, Thomas, Edward

Year 6 – Anliya, Angel, Evan

**Zones of Regulation – Here are some questions that you need to answer in your explanations to your governor**

What are the Zones of Regulation?

Why do we use the Zones of Regulation?

What kind of feelings are in each zone?

How do the zones help us?

What is the toolkit and when do we use it? /What strategies do we use to help us move zones?

When do we learn about the ZoR?

Tour:

Go outside the school office to look at the pictures that explain the ZoR

Go to the hall display to talk about it

Go to the classroom to look at the ZoR boards

The governors can ask children in your class how the ZoR help them.